

**Cincinnati-Dayton Area  
Recreational Therapy  
Association  
Newsletter**

**February  
2005**

**The CDARTA  
Newsletter is  
edited by  
Kathleen  
Scheltens, Ph.D.,  
CTRS and  
published at the  
College of Mount  
St. Joseph.**

**President's  
Message**

Dear CDARTA  
Members:

Welcome to the  
New Year! I hope  
everyone had a  
happy and safe  
holiday season. I  
will take a moment  
to give you a brief  
overview of what  
has happened since  
our last newsletter.

Our secretary, Mike  
Sutherland, CTRS  
has done a terrific  
job getting our  
website up and  
running. He is also  
continually  
updating  
information. Please

take time to check  
the website out  
[www.CDARTA.co  
m](http://www.CDARTA.com). Thanks again  
Mike for a job well  
done.

Our mini-workshop  
“Expressive Arts  
within Recreational  
Therapy” was held  
on November 30<sup>th</sup>.  
We had a bout 20  
people participate  
including  
professionals and  
students. The mini-  
workshop involved  
two presenters.  
Heidi Culbertson,  
CTRS presented on  
Music Therapy and  
Janice Dovel, MAT,

ATR-BC, LCW presented on art therapy. Everyone who attended should have received confirmation about ceu's by now and if you have not please contact me.

The CDARTA Annual Workshop is planned and we are diligently working on wrapping up the final details. I hope everyone gets a chance to make it out to the workshop on Friday, February 18<sup>th</sup>. There is a possibility of earning up to .65 ceu's. Please checkout the website for more information.

Our next meeting will be in March. We will be holding elections for the 2005-2006 year. We have the following positions open:  
President  
President-Elect  
Member-at-Large  
Treasurer  
Secretary  
Student-Representative

Details about the meeting will be available at the Annual workshop and a mailing will go out as well. As you can see we have a lot of positions open. Please think about these positions and if you would like to be a part of CDARTA board. If you have any questions please don't hesitate to e-mail or call me (513)636-0831.

I hope to see you at the workshop and the annual meeting in March! Take care and keep warm while we finish up our winter months!

Melinda Hall,  
CTRS  
CDARTA President  
2004 - 2005

## **ATRA Announces the Establishment of ATRA TR Global Village**

(Alexandria, VA) The American Therapeutic Recreation Association is pleased to announce an exciting addition to their highly informative website, the new ATRA TR Global Village. In an effort to foster global relations in the profession, the ATRA International Relations Team has developed an International Website in order to encourage networking and the exchange of information to promote recreational therapy around the world.

The results you see on the web site are from many hours of time spent by ATRA members Dr. Youngkhil Lee, Dr. Heewon Yang, and Yongkyeom Yoo. Former ATRA Board Liaison Dana Dempsey states, "I am very proud of their work and felt honored to work with them." According to Dr. Lee and Dr. Yang, "With the advance of high technology, we are able to engage in networking with each other around the world and exchange information to promote recreation therapy everywhere in the world."

The new TR Global Village website enables ATRA members to easily locate TR professionals in many countries around the world, including International contacts from Canada, New Zealand, Korea, Japan, Taiwan, United Kingdom, Spain and Puerto Rico. Each of these professionals has volunteered to serve as a contact in his/her own region. The site also includes a listing of International Conferences and Related Conferences, and a detailed 'Frequently asked Questions' section to answer many of the basic questions about professional organizations and certification for the recreational therapy profession.

The International relations team, currently led by ATRA members Dr. Heewon Yang and Dr. Marjorie Malkin, continues to work toward their mission to support and coordinate international inquires regarding ATRA and the recreational therapy profession. To view the website, please visit <http://www.atra-tr.org/international/index.htm>

### **CDARTA Website Up and Running!!**

Have you checked it out yet?  
CDARTA secretary Mike Sutherland has done an awesome

job creating the NEW CDARA website. The url couldn't be easier: [www.cdarta.com](http://www.cdarta.com). At this site you will find lots of useful

info and resources. Links include the following: a listing of board members, a discussion board, past newsletters, photos, job listings, internship postings, games and professional links! Be sure to visit the site and USE IT!!

There are presently few listings of internship sites. Do you have a site that you would like to let potential interns know about?

Follow the link to add info about your facility. Do you have an opening you are trying to fill? Post the job at the job listing location.

The discussion board is a great resource. Check it out! Post a topic for others to view and discuss. The only thing in the way of making this website a valuable asset to our local professional community is lack of use! Get on board! Check out and use the CDARTA website today!



## **Recreational Therapists Make Plans to March on Capital Hill**

(Alexandria, VA) The 2005 Mid-Year Professional Issues Forum of the American Therapeutic Recreation Association will be held March 6-9, 2005 in the Washington DC Metro area at the Crystal City-Doubletree in Arlington, Virginia, located across from the Pentagon, close to Pentagon City Mall, and overlooking the National Mall and the Potomac River. Conference participants will have incredible view of Washington, DC's unforgettable skyline, dominated by some of the world's most celebrated monuments. March is the perfect time of year to visit DC with its early springtime weather and numerous events.

Washington DC provides unique opportunities for the ATRA conference attendees to be actively involved in an empowering experience in our Nation's Capital "Shaping the Future of Recreational Therapy". Conference participants from across the country will enjoy our Nation's capital as they gather for the largest national conference of recreational therapy professionals. The focus of the ATRA

conference will be on public policy issues, in particular the Recreational Therapy Medicare Project to assure that Medicare beneficiaries have access to recreational therapy. Recreational therapists will have the opportunity to spend a day on Capital Hill, visiting with representatives and senators to discuss and educate them about the practice of recreational therapy and the vital need to support these services for our nation's healthcare consumers. Extensive training and support will be provided to all those attending the conference, so that advocacy can occur in DC and in each state.

In addition to the advocacy efforts and activities, educational sessions will be provided to address clinical practice issues in mental health, rehabilitation, geriatrics, pediatrics, the community and the schools. Recreational therapists and DC area experts will be sharing their experiences and information to advance daily practice for recreational therapists.

ATRA has always had a strong commitment to Advocacy and our

Nation's capitol offers conference participants the opportunity to participate in the heart and soul of our government in a way like no other. Plan on attending the 2005 Mid-Year Professional Issues Forum and make a difference in shaping the future of the recreational therapy profession!

For more information about the conference or the field of recreational therapy please check the ATRA website at <http://www.atra-tr.org/> or contact the ATRA National Office at (703) 683-9420.

## **TIDBITS!**

### **PHOTOS FROM CDARTA SOCIAL AT DAVE & BUSTERS, NOV. 30**



**CDARTA  
PRESIDENT  
MELINDA HALL**



**LARRY INGRAM  
WINS  
DOOR PRIZE**



**BETH GYGER AND  
FUTURE MEMBER  
JILLIAN**

### **CDARTA WORKSHOP AT MIDDLETOWN HOSPITAL ON OCTOBER 19**



**HEIDI CULBERTSON LEADS  
SESSION ON MUSIC IN RT**



**PARTICIPANTS WORK ON  
"SELF-EXPRESSION  
THROUGH ART" ACTIVITY**

**DON'T FORGET THE CDARTA ANNUAL  
WORKSHOP, FEB. 18, 2005  
AT THE COLLEGE OF MOUNT ST. JOSEPH  
INFO AT [WWW.CDARTA.COM](http://WWW.CDARTA.COM)**

## CDARTA Board Elections Upcoming!

CDARTA is looking for a few, good CTRS's to fill leadership positions in the upcoming year. Elections will be conducted in late spring for the following positions. Please consider nominating yourself or a colleague (with their permission) for a position which you can fill. If you need further information about the positions or the elections process, please contact CDARTA president Melinda Hall at [Melinda.Hall@cchmc.org](mailto:Melinda.Hall@cchmc.org).

**President** - The president shall preside at all meetings and shall have general supervision over the affairs of CDARTA. The president also helps lead the planning of the annual Fall Workshop. President has a 1 year term.

**President-Elect** - shall take the place of the President in his or her absence. The president-elect assists the president and is the primary planner of the annual Spring Workshop. President-elect has a 1 year term then becomes president for another year term.

The Member-at-large shall be responsible for marketing and advancement of CDARTA through presentations at organizations, career fairs, and direct mailings to the

general public. Member-at-large has a 1 year term.

The treasurer shall supervise the custody of the funds of CDARTA. Accurate accounting of receipts and disbursements, making deposits and withdrawals, and collecting monies at educational offerings. Treasurer has a 2 year term.

The student representative is the primary liaison to students at colleges and universities within CDARTA's geographical boundaries. They also are the primary recruiters of students to CDARTA. Student representative has a 1 year term.

The secretary acts as a custodian of the minutes of all CDARTA meetings and proceedings and also disseminates these meeting minutes to all board members. Secretary has a 2 year term.

## Financial Report

**Beginning Balance** 2627.46  
(July 1, 2004)

**Income:** 970.00

Mini-Workshop fees

New Memberships

Membership Renewals

**Expenses:** 2050.00

Supplies

Mini-workshop CEU fees  
ATRA Conference:  
(Fees for CDARTA Rep)  
Social (Dave & Busters)  
Newsletter (printing, mailing)  
**Ending Balance 1550.00**  
(Feb. 1, 2005)

need your support both through  
attendance at the workshop and  
your membership fees in order to  
continue offering CEU  
opportunities, social get-togethers  
and community stewardship.  
Thanks in advance for your  
support!

I encourage all of our members to  
attend the workshop on Feb. 18  
and support our organization. We

Kelly Kiehl, CTRS  
CDARTA Treasurer

**CDARTA**  
**Membership Application**

**Name:** \_\_\_\_\_ **Title:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Please check where you would like mailings sent:**

**Work address**

**Home address**

\_\_\_\_\_

**Facility/Dept.**

**Street**

\_\_\_\_\_

**Street/PO Box**

**City/State/Zip**

\_\_\_\_\_

**City/State/Zip**

**Phone Number**

\_\_\_\_\_

**Phone Number**

**ATRA Member? Yes No CDARTA Renewal? Yes No**

**NCTRC Certification # \_\_\_\_\_ OH RT Registration # \_\_\_\_\_**

**Other registration/certification(s) \_\_\_\_\_**

**Please check which CDARTA membership classification you are applying  
for:**

**Certified Member – An individual who holds current credentials  
from NCTRC**

**Professional Member – An individual who works in the RT field**

**Student Member – An individual currently enrolled in a**

**Recreational Therapy program**

**Organizational Member – An organization interested in promoting  
RT**

**Membership Rates**

**\$20 – ATRA Member**

**\$30 – Non-ATRA Member**

**\$10 – Student Member**

**\$100 - Organization**

**Make checks payable to “CDARTA” and mail to: CDARTA, PO Box 9412,  
Cincinnati, OH 45209**



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